

NAIL TREATMENTS

Manicures The ultimate luxury for your tired, hard working hands! Shape and buff your nails and detail the cuticles. Finish with a relaxing, nourishing hand massage and a polish colour of your choice. 45 min 50.00

File, buff and polish File and shape your nails, buff them to remove ridges and add shine, finishing with a polish colour of your choice. 30 min 30.00

Also available for your toes!

Paraffin Mask During your manicure, a dip in our paraffin wax will infuse moisture into the skin making your hands feel softer, more nourished and look 10 years younger! 15.00

Nail polish only 20.00

Pedicures De-stress and revive your feet 60 min 75.00
Treat your feet with a soak in our foot spa followed by an exfoliation, heel and cuticle detaching, file and buff work on the nails, a relaxing foot massage and finished with a polish of your choice! Don't forget your open toed shoes!

Foot Mask during your pedicure, why not include a refreshing mint foot mask for added nourishment, softness and revitalisation. 15.00

WAXING TREATMENTS Hot and strip waxing available

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|----------------------------------|-------|
| Eyebrow shaping..... | 16.50 |
| Upper lip..... | 14.00 |
| Chin wax..... | 14.00 |
| Eyebrow and lip..... | 28.00 |
| Eyebrow, lip and chin..... | 40.00 |
| Full face..... | 44.00 |
| Underarm wax..... | 18.00 |
| Bikini line from..... | 25.00 |
| Upper/Lower half leg..... | 33.00 |
| Full leg..... | 53.00 |
| Full arm wax..... | 35.00 |
| Half arm wax..... | 30.00 |
| Brazilian First visit..... | 60.00 |
| Brazilian subsequent visits..... | 55.00 |

WAXING TREATMENTS FOR MEN

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|-------------------------|-------|
| Neck..... | 30.00 |
| Back and shoulders..... | 50.00 |
| Chest..... | 50.00 |

TINTING

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|-------------------------|-------|
| Eyelash tint..... | 22.00 |
| Eyebrow tint..... | 16.00 |
| Lash and brow tint..... | 34.00 |

EAR PIERCING 35.00



LA CLINICA
FOR SKIN & BODY

Also the stockist of "Teabag" Organic Herbal Teas

The beauty team who believes in affordable and Australian made skin cosmeceuticals for a more natural you.

Choose from our range of the most natural and effective treatments and we look forward to taking care of your organic skin care and body needs.

The Je Suis Femme guarantee to you...

The beauty team pledge to respectfully meet all your organic beauty needs. If you are disappointed for any reason, we guarantee to replace the product or repeat the treatment to be sure you are completely satisfied.

Treat yourself, you deserve it!

Purchase all your La Clinica products in store or online at www.jesuisfemme.com.au

Je Suis Femme
for organic beauty therapy



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Shopping Centre
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Je Suis Femme
for organic beauty therapy

Treatment List



LA CLINICA
FOR SKIN & BODY

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|---|--------|-------|
| SKIN DIAGNOSIS Visit the salon for a complimentary skin diagnosis by a qualified beauty therapist and leave with a free La Clinica organic skin preparation sample. | 15 min | Free |
| MINI FACIAL TREATMENT For those with little time, a great way to enjoy a facial customised to your skin type and needs. Perfect for lunch breaks!!! | 30 min | 55.00 |
| DELUXE FACIAL TREATMENTS | | |
| Anti-ageing Ideal for dry and dehydrated skin, it will restore hydration and nutrients to the skin to help fight the ageing process. | 60 min | 85.00 |
| Sensitive Skin If your skin is prone to redness and irritation caused by dehydration and skin conditions, then this treatment is just right for you. | 60 min | 85.00 |
| Vitamin A Using green tea and high levels of Vitamin A to rebalance, purify and detoxify combination skin types. | 60 min | 85.00 |
| Clear Skin Facial A deep cleansing facial using Green Clay and Tea Tree to help treat and manage acne conditions. | 60 min | 85.00 |
| Warming Mineral Facial A skin detoxifying facial that helps the skin to clear blockages and waste. Known also as a "mini sauna" facial, it deeply cleanses and stimulates the skin. | 60 min | 85.00 |

Please arrive 10 minutes before your treatments to relax and try our organic "Teabah" herbal tea

The Je Suis Femme louch for organic beauty therapy.

Using only La Clinica organic skin cosmeceuticals recommended by dermatologists. Derived from natural plant based ingredients and essential oils such as lavender, tea tree, chamomile, green tea, rose hip, mandarin, vanilla and Vitamins A & C.

Affordable and Australian made - know you are in safe hands for a simply more natural you.



Ask your beauty therapist about our organic skin parties for you and a small group of your friends.

SPECIALISED FACIAL TREATMENTS

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| Firming Lift Rich in Collagen and Elastin this facial is suitable for any skin type in need of increased firmness, texture and tone. | 60 min | 99.00 |
| Marine Glow "Special Occasions Facial" Perfect for Brides and Bridesmaids. An oxygenating facial to add nutrients and strengthen dull, lifeless skin. | 60 min | 99.00 |
| Anti-Wrinkle Eye Treatment To deeply hydrate, restore softness and reduce wrinkles to the delicate skin area around the eyes. | 30 min | 35.00 |
| Acne Back A deep cleansing, clearing treatment ideal for those who suffer from acne and blemishes on the back. | 60 min | 70.00 |



Gift vouchers for that special someone. Purchase in store or instantly download your gift voucher online at www.jesuisfemme.com.au

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|---|--------|-------|
| GLYCOLIC REFINING TREATMENTS Refines skin texture, minimises the signs of ageing and sun damage, softens and hydrates to balance skin tone. Excellent for reducing pigmentation, scarring, blemishes and blackheads. Suitable for most skin types | | |
| Glycolic Acid with Vitamin C Peel | 20 min | 50.00 |
| Glycolic Acid with Peel & Masque Facial | 45 min | 75.00 |

For superb results, book the full course of 5 Glycolic Acid and Vitamin C Peels and receive the fifth treatment free. A saving of \$50.00.

Our monthly newsletter is full of beauty tips and salon specials. Join in store or online at www.jesuisfemme.com.au



SPA BODY TREATMENTS

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|--|------------------|-----------------|
| Hot Stone Massage Using hot stone placement and massage techniques to warm and soothe even the tightest, sorest back muscles. | 60 min 30 min | 100.00 60.00 |
| Relaxing Aromatherapy Massage Swedish Massage techniques and a therapeutic lavender massage oil to help you unwind and relax. | 60 min 30 min | 75.00 55.00 |
| Detox and Tone Massage Slightly faster rhythmic motions to stimulate a sluggish body and the specialised oils used will aid the detoxifying and purifying process. Ideal for cellulite reduction when used in conjunction with a detox or weight loss program. | 60 min 30 min | 80.00 55.00 |
| Detox and Tone Seaweed Mud Wrap Stimulates lymphatic circulation for cellulite reduction and awakens the body to help detoxify and purify naturally. | 60 min | 95.00 |
| Coconut and Honey Cocoon Wrap A deeply relaxing wrap to restore nutrients and glow to tired, dehydrated skin. | 60 min | 90.00 |
| Macadamia and Honey Body Scrub Ideal for dry, flakey skin to buff off the dead skin cells and leave with that restorative glow and life to the skin. | 30 min | 65.00 |
| SPA PACKAGES Treat yourself, you deserve it! Choose from our 3 special packages or design your own. | | |
| Relaxing Package Coconut and Honey Cocoon Wrap, Deluxe Facial Relaxing Aromatherapy Massage (60 min). | 3 hrs | 230.00 |
| Invigorating Package Detox and Tone Massage (60 min) Detox and Tone Seaweed Mud Wrap. | 2 hrs | 160.00 |
| Essential Package Hot Stone Massage (30 min), Mini Facial and Pedicure. | 2 hrs | 170.00 |