

hair services

Styling

Ladies Cut & Blow Dry	from	\$77.00
Mens Cut	from	\$45.00
Up Style	from	\$75.00
Bridal Up Style	from	\$85.00
Blow Drying starts at		\$45.00
Blow Drying after a Facial		\$30.00

Hair Treatments

Botanical Hair & Scalp Treatment		
this service is finished with a dry off only	45 min	\$50.00
Colour conserve Treatment	10 min	\$10.00
Damage Remedy Treatment	10 min	\$10.00
Dry Remedy Treatment	10 min	\$10.00

Hair Colour

Full Head of Foils	from	\$135.00
3/4 Head of Foils	from	\$95.00
1/2 Head of foils	from	\$85.00
Tint Permanent	from	\$70.00
Tint Semi - Permanent	from	\$55.00

Your Spa Experience

Our goal is to design treatments to bring you back into balance; results oriented therapies using nurturing, high touch approaches and unique sensory experiences. Our therapists are caring and attentive professionals committed to fulfilling your every need. The information below will help you make the most of your time with us.

Appointment Policy

We recommend you books appointments in advance to secure your preferred date, time and therapist for your spa experience. Credit card details are required at the time of booking. We may also contact you prior to your treatment to confirm your appointment time.

Cancellation Policy

We understand that sometimes you need to change your schedule. Clients who wish to change or cancel an appointment are kindly requested to provide 24 hours notice or a 50% cancellation fee will be charged to your credit card.

Spa Etiquette.

We ask you to arrive 15 minutes prior to your treatment. This allows you time to check in, enjoy a cup of Comforting Tea or water, complete your personal profile and relax.

Your Comfort

Your therapist will advise which clothes to leave on and will maintain your privacy at all times - we will provide you with a robe and disposable underwear whenever required. Please advise your therapist if you are uncomfortable for any reason. Please respect the quiet and privacy needs of others clients by turning off your mobile phone and by making child care arrangements for any appointment.

Your Treatment Needs

For your maximum safety and comfort, please let us know if you are under the care of a doctor or other alternative practitioner. In particular, please inform us if you are pregnant or have any allergies or health conditions so we can adapt the treatments to your needs. All Aveda treatments are suitable for men and women are customised. As your needs vary from visit to visit, your treatments may differ.

Store Openings

Please call our store to find a time that suits your needs, as well as information on location and parking.

Gift Vouchers and Corporate Gifts

We are pleased to offer gift vouchers for single treatments, packages or dollar value. Specified requests and corporated gifts can be arranged. Gift vouchers, corporate gifts and product orders can be placed and paid for by phone direct to the relevant store.

Payment Options

We accept cash, Eftpos, Bankcard, Mastercard and Visa.

face

Make a facial work for you-

Customised Facial

A focused treatment customised to target your skin's needs. Based on Aveda's Elemental Nature Philosophy. Allow our experts to personalise products, essential oil aromas and facial techniques to address your specific skin concerns:

- Brightening to reduce pigmentation
- Hydrate to renew dehydrated and aging skin
- Customise to address sensitive, or normal to oily skin

30 minutes \$70.00

60 minutes \$99.00

It's time to come out-

Outer Peace™ Blemish Relief Treatment

A total solution - personalised for your skin - that treats not only blemish symptoms, but its causes - so your skin stays clear. Includes consultation; professional exfoliation, pore extractions and redness reduction; stress-relief techniques; and diet and other individualised tips for a blemish conscious lifestyle.

*A three-week series is recommended.

30 minutes \$70.00

60 minutes \$99.00

90 minutes \$145.00

Increase clarity and say goodbye to dark spots -

Enbrightenment Facial

Age spots, freckles, dark spots, sun spots can creep up when we least expect them. With this facial you will notice brighter, more even looking skin tone - giving skin luminosity & clarity - without the use of harsh chemicals.

60 minutes \$99.00

For more lift and less visible lines and wrinkles -

Green Science Facial

A highly specialised facial, clinically proven to reduce the depth of fine lines and wrinkles and increase lift to the skin. Advanced plant technology combined with a skin - rejuvenating massage technique provides you with a results - orientated facial experience.

30 minutes \$70.00

60 minutes \$99.00

90 minutes \$145.00

An innovative alternative to microdermabrasion

for glowing results-

Radiant Skin Facial

Botanical Skin Resurfacing with our hands-on approach - and the power of tourmaline - smooth your skin's texture. Reduce the appearance of fine lines, and diminish pore size while significantly increasing radiance. This facial gives you the glowing results comparable to salon microdermabrasion - with less irritation and inflammation.

60 minutes

\$125.00

For more than a facial-

the ultimate Aveda signature facial treatment-

Self-Renewal Face and Body Experience

This customised treatment relieves stress and restores balance. The ultimate face and body experience; let your scalp, face, hands and feet be indulged with our Ayurvedic massage techniques. Advanced flower and plant technology, enhanced with Indigenous wisdom and proven techniques of acupressure, restore the 'self' to a state of renewal.

90 minutes

\$185.00

skin rejuvenation - light therapy

Light Therapy provides a safe and relaxing alternative to skin rejuvenation. It is a cosmetic treatment delivering a totally natural method of photo rejuvenating facials using LED light. As well as many other benefits, it plumps up the skin naturally by increasing nutrients, detoxing and intensely hydrating the deeper levels of the skin.

Red Light stimulates the skin's own renewal process. Two sessions per week will improve skin tone, texture, reduce the appearance of fine lines and wrinkles, even out pigmentation concerns, encourage collagen production and firming of skin.

Blue Light effectively treats oily and acne prone skin clearing and decongesting breakouts. To effectively reduce bacterial activity, two or three sessions per week is recommended.

Photolite offers different lights to treat other skin conditions, please discuss with our therapist

30mins \$130.00

light therapy packages

10 x 20min Light Therapy Treatments

3 x Botanical Skin Resurfacing Treatments \$950.00

6 x 20min Light Therapy Treatments

2 x Botanical Skin Resurfacing Treatments \$650.00

3 x 20min Light Therapy Treatments

1 x Botanical Skin Resurfacing Treatments \$350.00

massage

Customised for you-

Relaxation or Therapeutic Massage

Reduce tension, restore your well-being and coax tired and aching muscles back into condition with the power of touch. Ideal to use as part of your health maintenance program. Therapists can incorporate a variety of massage and energy balancing techniques and pressure, to provide you with a customised massage. Experience your Elemental Nature and favourite Aveda aromas calming blends to ease stress, anxiety and insomnia, uplifting blends for low energy and stimulating blends to improve circulation and to detoxify.

30 minutes **\$65.00**

60 minutes **\$99.00**

Absolute relaxation to warm the soul-

Fusion Stone Massage

Experience the aromatic power of plant perfumes fused with the sensation of smooth warm stones. Sage, cedar and sweet grass encompass the senses, while the alternating hot and cool stones comforts, de-stress and melt muscle tension.

60 minutes **\$120.00**

90 minutes **\$165.00**

body

Body Wraps **60 mins** **\$99.00**

All Body Wraps include a foot ritual, mini facial, body exfoliation and stress relieving scalp massage.

Nourish dry, dehydrated skin-

Aroma Body Wrap

Warm aromatic oil will saturate and nourish your skin while enveloped in an herbal infused wrap. The result is soft, smooth skin and a total feeling of well-being. Includes dry body exfoliation.

De-stress and awaken your senses-

Rosemary Mint Body Wrap

Renew body and mind with this stimulating wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses and stimulate circulation while a scalp and foot massage balances the whole body. Ideal for fluid retention or muscular aches and pains.

Suit your needs-

Customised Body Masque

Designed to suit your individual needs, your therapist will customise your masque with either nourishing and calming herbs or balancing and detoxifying marine extracts.

body

Body Treatments

Deluxe skin conditioning -

Aqua Salt Glow

You skin is drenched in warm aromatic oil and then sprinkled with Sea Salts to provide a luxurious skin exfoliation and refinement of the entire body. A hydrating formula customised with your favourite aroma will smooth and condition the skin.

45 minutes **\$85.00**

Renew dull skin -

Body Polish

A full body exfoliation using soft walnut granules in a creamy coconut base. Your skin is deeply cleansed, polished and softened, before an application of customised hydrating formula. Ideal for sensitive skin or before Sun Source Self Tan.

45 minutes **\$85.00**

Facial for the back-

Essential Back Treatment

The hard-to-reach area of your back is tended to during this deep-cleansing masque and massage. Shoulders, neck and back are purified and refined to ensure well cared-for skin all over.

45 minutes **\$85.00**

indulgent body

Detox deluxe style -

Caribbean Therapy Body Treatment

The self warming seaweed mud will smooth the skin and detoxify your body, while the face and scalp massage will calm the mind while you are cocooned. Your body will be enriched with beautiful Caribbean butters to soften the skin and relieve muscle tension with soothing massage movements.

75 minutes **\$145.00**

treatment enhancement

Enhance your experience with these specialised treatments.
Recommended as an addition to any face or body treatment.

15 minutes –

Extractions \$19.00

Minimise blocked pores, black heads and pustules after the skin has been prepared with steam, purifying plant extracts and essential oils.

Revitalising Eye Treatment \$30.00

Soothe your delicate eye zone with a cooling and revitalising treatment that combines gentle massage techniques with state-of-the-art plant- and flower-based formulas. Even very tired eyes will see a noticeable reduction in the appearance of fine lines and puffiness.

Stress Relieving Scalp Massage \$30.00

A combination of pressure points and brush strokes will stimulate blood flow to improve the health of the scalp and relieve tension in one of the universal stress points in the body.

Photon Lite \$50.00

hands and feet

All hand and feet treatments include nail shaping and conditioning of the cuticles.

Nourish dry, dehydrated skin-

Caribbean Therapy™ Hand & Feet Treatments

Mouth watering ingredients from the Caribbean create the healing touch to improve the condition of nails and cuticles. Sugar cane, ginger, avocado, seaweed, coconut and lime will exfoliate, smooth, stimulate and nourish your hands or feet. Rejuvenating and nurturing, the treatments smooth, soften, relax and renew.

Natural Finish

Improve the health of your nails with a buff finish.

45 minutes \$65.00

Polish Finish

An application of your favourite colour finished with a long wearing top coat to enhance fingers and toes.

60 minutes \$85.00

Relieve tired hands and feet -

Healing Hands & Feet Treatments

Soothe and moisturise your arms and hands with citrus extracts, or refresh tired aching feet and legs with sea salts and the aroma of peppermint. A walnut scrub will smooth your skin while a customised herbal masque is wrapped with hot towels to calm and nourish. Complete with a hand or foot massage using softening plant extracts.

Natural Finish

Improve the health of your nails with a buff finish.

45 minutes \$65.00

Polish Finish

An application of your favourite colour finished with a long wearing top coat to enhance fingers and toes.

60 minutes \$85.00

With French Polish **\$95.00**

face colour

Full Face Colour Application

A colour prescription for your skin tone and face shape. Includes consultation, full makeup application and individually designed colour chart.

45 minutes \$80.00

Individual Face Colour Lesson

Your very own interactive makeup lesson with an Aveda make-up specialist. Includes face charts detailing colour and application techniques.

60 minutes \$120.00

Wedding and Special Event Makeup

Let our Aveda makeup specialist work with you to trial and perfect the look you want for your special day. The package includes an hour consultation prior to the event, and a completely perfected look created in a one hour session on the big day.

120 minutes \$200.00

tinting and relaxing waxing

From natural to dramatic-

Tinting

Give your lashes and brows a healthy sparkling look while receiving a hand relieving experience. Using vegetable dyes in various shades from natural to dramatic.

Brow Tint \$19.00

Eyelash Tint \$29.00

Smooth, hairless skin achieved the holistic way -

Waxing

A true spa treatment that offers maximum comfort and effectiveness. It begins with a deep breath of your favourite Aveda aroma, followed by an expert application of our smoothing blend of Egyptian floral waxes to minimise sensitivity. Calming products will reduce redness to complete your relaxing waxing.

Full arm	\$35.00
Half arm	\$29.00
Chin or lip	\$15.00
Eyebrow design	\$25.00
Eyebrow maintain	\$18.00
Lower half leg	\$39.00
Top half leg	\$42.00
Full leg	\$60.00
Underarm	\$20.00
Brazilian	\$70.00
G-string	\$35.00
Bikini standard	\$26.00
Back	\$50.00
Chest or stomach	\$40.00
Neck or shoulders	\$25.00

packages

Elements for Men

2 hours

Fusion Stone Massage 90 min \$165.00

Customised Facial 30 min \$70.00

Value: \$235.00

\$210.00

Elements for Women

2 hours

Aqua Salt Glow 45 min \$85.00

Customised Massage 30min \$65.00

Customised Facial 30 min \$70.00

Revitalising Eye Treatment 15 min \$29.00

Value: \$249.00

\$219.00

Journey to Wellbeing

3 hours 30 minutes

Aqua Salt Glow 45 min \$85.00

Relaxation or Therapeutic Massage 60 min \$99.00

Customised Facial 60 min \$99.00

Healing Hands or Feet Treatment natural finish 45 min \$65.00

Value: \$348.00

\$310.00

Pamper to Party

3 hours 45 minutes

Caribbean Therapy Body Treatment 60 min \$129.00

Healing Hands with polish 60 min \$85.00

Foot relief with polish 60 min \$85.00

Full Face Colour application 45 min \$80.00

Value: \$379.00

\$329.00